

## AFTER SCHOOL SNACK PROGRAM 2009-2010 MENU

### ELEMENTARY

#### Cycle 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Saltine Crackers-2 pk, 4 ct ea Cheese Square, 1 oz IW Water	Tropical Shaped Graham Crackers- 1 pkg Assorted Juice- 6oz	Yogurt- 4 oz cup Honey Graham Crackers- 1 pkg	½ Ham & Cheese Sandwich Water	Goldfish Pretzels- 1 pkg Assorted Juice- 6oz

#### Cycle 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Animal Crackers- 1pkg Assorted Juice- 6 oz	Saltine Crackers-2 pk, 4 ct ea String Cheese Stick, 1 oz IW Water	Goldfish Pretzels- 1 pkg Assorted Juice- 6 oz	Honey Graham Crackers 1 pkg Fresh Apple Water	Yogurt- 4 oz cup Animal Crackers- 1 pkg

### SECONDARY

#### Cycle 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chocolate Bear Grahams- 1pkg Assorted Juice- 6 oz	Saltine Crackers- 2 pk-4 ct ea Cheese Square, 1 oz IW Water	Peanut Butter & Jelly Sandwich Water	Honey Graham Crackers- 1pkg Fresh Apple Water	Goldfish Pretzels- 1 pkg Assorted Juice- 6 oz

#### Cycle 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Blueberry Muffin (IW) Assorted Juice- 6 oz Water	Turkey Breast & Cheese Sandwich Water	Saltine Crackers- 2 pk-4 ct ea String Cheese, 1 oz IW Water	Goldfish Pretzels- 1 pkg Assorted Juice- 6 oz	Yogurt- 4 oz cup Honey Graham Crackers- 1 pkg

Revised 9/10/09