

**Substance Abuse
Behaviors of Concern Checklist
(Please check all symptoms that apply to the student)**

Student's Name: _____

Teacher and Class Period: _____

Date: _____

Physical Symptoms:

- strong or unusual odor
- strong scent attempting to cover an odor
- red or watery eyes
- staggering, clumsiness
- falling asleep in class
- lack of affect (appears spaced out or zoned out)
- chronic or hacking cough
- slurred speech
- change in appearance (i.e. significant weight gain or loss)
- paranoid
- forgetful, slowed reaction time, loses train of thought
- unexplained lethargy and/or hyperactivity and agitation
- other _____

Behavioral Symptoms:

- changes in attendance/increased tardies
- drop in grades
- drop in performance
- resentment of authority, hostility towards staff members
- changes in personality (mood and attitude)
- legal problems (MIP, theft, vandalism)
- known drug problems in friends
- rage or aggression
- reduced motivation and interest in activities
- any references to drugs/alcohol in assignments or projects
- other _____

*****Please use this list as a guideline indicating behaviors of concern for alcohol and/or drug use.
*** Behaviors checked do not necessarily mean substance abuse is taking place.**

*****Source: Texas Commission on Alcohol and Drug Abuse**

Suspicion of Substance Abuse Suggested Procedures

Teacher suspects possible substance use:

1. Teacher contacts school officials (Sub School Principal/Assistant Principal) and informs him/her of suspicions.
2. School Official will determine if they need to contact Police Liaison and student's parent.
3. School Official will contact the Substance Abuse Specialist (SAS) to assist as a resource regarding the situation.
4. SAS will continue to communicate with school officials and Liaison Officer regarding the student and be available to speak with parents if necessary.
5. Teacher can fill out the "Behaviors of Concern" checklist at any time and return it to the Substance Abuse Specialist.

***** If the teacher feels there is a serious health concern, he/she should contact the nurse immediately.**

Substance Abuse Specialists Contact Information:

West Cluster: Jennifer Barker
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Safe and Drug Free Schools
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Central Cluster: Daniel Ramirez
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Resource/Intervention List

- Substance Abuse Specialist meets with student to provide information and intervention resources regarding use of Tobacco, Alcohol and Other Drugs
- Substance Abuse Specialist contacts parents and provides information and resources that will provide intervention options
- Substance Abuse Specialist provides Tobacco, Alcohol and Other Drug Education to students, parents and campus staff
- Substance Abuse Specialist attends multidisciplinary team meetings on students

Prevention and Education Recourses:

- Collin County Substance Abuse: (972) 424-1460 ext. 5570
- Greater Dallas Council on Alcohol and Drug Abuse: (214) 522-8600
- Practical Parent Education: (469) 752-6180
- PISD Awareness Hotline: (469) 752-5385

For questions and additional resources please contact the Substance Abuse Specialist in your cluster.

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