

Red Mentors:

Self Belief
Positive Attitude
Study Skills

Stage 1: Foundation – This stage may take 5 or 6 visits

Focus on, “Getting to Know You”

Mentoring Session Topics: What do we have in common?

Favorite subject
Favorite teacher
Favorite school memory
How did I choose my profession?
What do you want to do when you grow up?
How do you tie what you like to do to a career or profession?

Stage 2: Goals – This stage may take 2 or 3 visits

Focus on, “Setting Clear Goals”

Mentor and Mentee will discuss what they want to accomplish –Motivation
Organizational Skills – What does this mean?
Study Skills – Learning how to study
How to impress your teachers
How to “play school”
Engagement in school

Stage 3: Implementation – This stage will take the remainder of the school year

Focus on, “Becoming and remaining the best student you can be”

How do you resolve conflict?
Positive Attitude versus Negative Attitude
Character Traits
Getting involved on your campus
Servant Leadership

Red Mentors – Mission

Self Belief
Positive Attitude
Study Skills

Stage 3: Focus on, “Implementation”

Objective: Accomplishing academic success – **Academic Challenges**

1st Meeting – Are you reaching your Academic Goals?

“Hello _____. I am so glad to see you today!”

“Now that you have set your Academic Goals and you have a plan on how to reach them or accomplish them, let’s talk about how it’s going.”

“Is it easy?”

“What are the biggest challenges?”

Mentor, please allow your Mentee to share what is going well and what is not going so well. Your Mentee may only have positive thoughts and statements about their Academic Success. If that is that case continue to encourage them to keep doing what is helping them.

If your Mentee is having challenges accomplishing their Academic Goals ask them why. What are they not doing?

Allow your Mentee to share with you what they think is going wrong.

Ask them what would help them get back on track. Give them some ideas about what might help, but allow them to solve this problem.

Share some of your childhood experiences that will help them understand what they must do to help them succeed.

Please continue to praise them and encourage them. Continue to tell them that you believe in them and that you know they can do it.

Remind them about their plan to reach their Academic Goals.

Also, remind them that they are creating habits that will help them be successful in the next grade level, high school, and college.

Remind them that they are” learning to love learning.”

At the end of your mentoring session remember to thank your Mentee and tell him/her that you look forward to seeing them next week.

Please remember to praise them for their efforts, encourage them to do their best and tell them that you believe in them.

Red Mentors – Mission

Stage 3: Focus on, “Implementation”

Objective: Accomplishing academic success – **Conflict Resolution**

2nd Meeting – Are you reaching your Academic Goals?

“Hello _____. I am so glad to see you today!”

“The last time we met we discussed your Academic Goals and if there were any challenges reaching those goals.”

“Let’s continue talking about challenges and how to solve them. A phrase commonly used when we deal with challenges is, Conflict Resolution. Have you heard that phrase before? Do you know what it means?”

Mentor, please allow your Mentee some time to explore their answer regarding Conflict Resolution. Add to their answer using your wisdom and experience, but remember to allow your Mentee to figure out the solution, or in this case the correct definition for Conflict Resolution.

“Let’s talk about how you solve problems or how you deal with challenges now”

“What do you do when you do not understand a Math problem or a Math concept?”

“What do you do when you do not understand something you read in your English, Science, or Social Studies classes?”

Mentor, please allow your Mentee to explore their answers. Please do not give them a better way to solve their problem. Please do not tell them what they should do. Remember they will learn more about Conflict Resolution if they solve their own problems. Your very important role is to foster their knowledge, and not to be responsible for it.

“Let’s talk about the best ways to solve some of these challenges or problems.”

“What do you think is the best way to ask for help in your classroom?”

“What do you think is the best way to get in more learning time?”

“What about conflicts with others?”

“Have you ever disagreed with someone about something?”

“Let’s talk about the best way to solve this problem or conflict.”

Mentor, please remember to allow your Mentee to answer freely. There is no judgment or dismissing of their answers. You can lead them to the best way to solving conflict, but remember that the answers have to come from them.

At the end of your mentoring session remember to thank your Mentee and tell him/her that you look forward to seeing them next week.

Please remember to praise them for their efforts, encourage them to do their best and tell them that you believe in them.

Red Mentors – Mission

Stage 3: Focus on, “Implementation”

Objective: Accomplishing academic success – **Positive Attitude versus Negative Attitude**

3rd Meeting – Are you reaching your Academic Goals?

“Hello _____. It is so great to see you today!”

“Let’s talk about a Positive Attitude versus a Negative Attitude.”

“What is the difference between a Positive Attitude and a Negative Attitude?”

“Which attitude do you think your family would like?”

“Which attitude do you think your friends would like?”

“I will tell you which attitude I like and why.”

Mentor, please share with your Mentee why you like being positive. Let them know what kind of difference it makes in your life. Please remember to use age appropriate examples.

“Which attitude do you think your teachers like?”

“Why?”

“We talked about you impressing your teachers.”

“Do you think you can impress your teachers with a positive attitude?”

“Why?”

“Do you think a positive attitude will make you feel better?”

Mentor, please explore your Mentees answer with them. Remember to allow them to find their own understanding about positive attitudes. Use your wisdom and experience to add to the conversation, but the answers have to belong to your Mentee.

At the end of your mentoring session remember to thank your Mentee and tell him/her that you look forward to seeing them next week.

Please remember to praise them for their efforts, encourage them to do their best and tell them that you believe in them.

Red Mentors – Mission

Stage 3: Focus on, “Implementation”

Objective: Accomplishing academic success – **Good Habits**

4th Meeting – Are you reaching your Academic Goals?

“Hello _____. It is great to see you today!”

“Let’s talk about Good Habits.”

“What do you think is a Good Habit?”

Mentor, please allow your Mentee to explore this question. Please respect their answers, but also add to their answers with your own wisdom and experience.

There is no need to remind them about Bad Habits. Just concentrate on the Good Habits.

Please remind them that Good Habits are part of Learning to Love Learning.

Good Habits will help them get their work done correctly.

“Do you think that your teacher wants you to have Good Habits?”

“What are some Good Habits you have here at school?”

“What can happen if you do not have any Good Habits at school?”

“Do you know the Pledge of Allegiance to the United States?”

“Why do you think you remember it every day?”

“Has it become a habit because you recite it every day?”

The same concept applies to creating Good Habits. If you keep doing something over and over it becomes a habit and it becomes easier to do. This is a good way to develop Good Habits.

“What are some habits that you have already formed?”

“When I was your age one of my Good Habits was _____.”

Mentor, please remember that your knowledge and wisdom make all of the difference, but also please remember to allow your Mentee think of their own Good Habits.

At the end of your mentoring session remember to thank your Mentee and tell him/her that you look forward to seeing them next week.

Please remember to praise them for their efforts, encourage them to do their best and tell them that you believe in them.

Red Mentors – Mission

Stage 3: Focus on, “Implementation”

Objective: Accomplishing academic success – **Knowledge is Power**

5th Meeting – Are you reaching your Academic Goals?

“Hello _____. It is great to see you today!”

“What do you think the phrase ‘Knowledge is Power’ means?”

Mentors, please allow your Mentee time to explore his/her answer to this question. Give them some hints if they do not know, but do not give them the entire answer. Please use your wisdom and experience to contribute to this conversation, but also allow your Mentee to realize the true answer. Your direction is key, but you empower them if allow them to discover the answers.

“Every day you learn something in school you are gaining knowledge. Your knowledge makes you better prepared for your school work, homework, quizzes, and tests, but is also makes you prepared for the world around you.”

“How do you think Math makes you better prepared for the world around you?”

“When would you use Math outside of school?”

“How do you think Reading makes you better prepared for the world around you?”

“When would you use Reading outside of school?”

“What else that you learn in school makes you better prepared for the world around you?”

Mentors, please allow our Mentee to explore their answers about this question.

“What about the rules in you have in school, how do they better prepare you for the world around you?”

“So do you think the more you know the wiser you will be?”

Mentor, all of your conversations with your Mentee are important, but this conversation could make a big difference in how your Mentee sees his/her education.

Please remember to allow them to do most of the talking.

At the end of your mentoring session remember to thank your Mentee and tell him/her that you look forward to seeing them next week.

Please remember to praise them for their efforts, encourage them to do their best and tell them that you believe in them.

Red Mentors – Mission

Stage 3: Focus on, “Implementation”

Objective: Accomplishing academic success – **Great Expectations**

6th Meeting – Are you reaching your Academic Goals?

“Hello _____. I am so glad to see you today!”

“Last time we met we talked about Making Good Choices. Do you remember some of the statements you made about Making Good Choices?”

“Today let’s talk about Great Expectations. What do you think that means, Great Expectations?”

Mentor, please allow your Mentee to explore their answer. Use your wisdom and knowledge to add to their answer, but also help them come up with their own answer.

“Great Expectations can be what we expect of ourselves.” If you follow your plan to meet or achieve your Academic Goals, do you expect to get there?”

“Tell me some of other Great Expectations you have for yourself.”

“What do you think it will take for you to meet or achieve those Goals?”

“Have you already achieved some of your Goals?” “Tell me how you did it?”

“Have you already developed some Good Habits?” “What are they?”

“Do you feel like you are becoming a better student?”

“What do you expect will happen at the end of the semester?” Will you have better grades?”

“If you do have better grades, do you think you are learning?”

“When do you think you will develop a Love for Learning?”

Mentor, you are beginning to bring all of your conversations together. Learning to Love Learning, Good Habits, Knowledge is Power, and now Great Expectations.

You are helping your Mentee meet and achieve their Academic Goals.

If something is not working or if they are not making progress please revisit some of your Objectives.

At the end of your mentoring session remember to thank your Mentee and tell him/her that you look forward to seeing them next week.

Please remember to praise them for their efforts, encourage them to do their best and tell them that you believe in them.