



iBike

Biking Safety and Skills Course
Irving ISD Physical Education

Dear Parent/Guardian:

As part of our Safe Routes to School initiative, your child has the opportunity to participate in our ***iBike*** Safety and Skills Course in physical education. The goal of ***iBike*** is to give students authentic experiences in performing safe habits while riding bicycles, and provide them opportunities to practice the various skills required to safely navigate a bike throughout their environment. Student feedback indicates that they are very interested in biking safety, but many lack the knowledge and skills needed to travel on bicycles without incident. The ***iBike*** program will help bridge that gap between learning and competence. Bikes and bike helmets that meet the federal safety standards set by the Consumer Product Safety Commission will be provided by the district, however, students are welcome to bring their own bike and helmet to school for use in the skills course. Training wheels will also be available for those unaccustomed to riding a bike.

Parent/guardian permission is required for participation in the program, please sign the permission/information slip on the next page and return it to your child's physical education teacher by Monday, September 10. Students who do not have parent permission will participate in other biking safety activities during that time.

Thank you,

Sandra L. Cravens

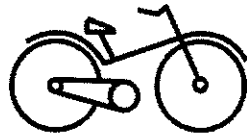
Sandra L. Cravens, Ph.D.

Health and Physical Education Coordinator

Irving ISD

972-600-5043

scravens@irvingisd.net



iBike

Parent Permission

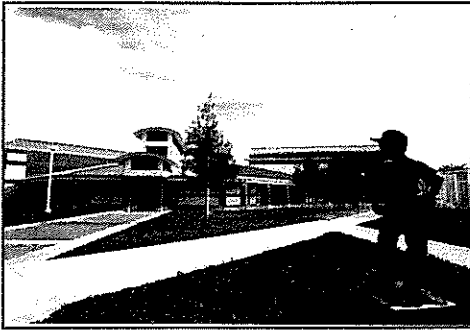
_____ (student's name) **does have** permission to participate in the ***iBike*** program provided by Irving ISD.

PARTICIPATION WAIVER AND HOLD HARMLESS AGREEMENT

I acknowledge bicycle riding is an activity with inherent risks. _____ (student's name) **does have** my permission to participate in the ***iBike*** program provided by Irving ISD. In consideration of being permitted to participate in this activity I, the undersigned, release and forever discharge any and all rights, demands, claims for damages and causes of suit or action known or unknown, that I may have against Irving Independent School District and any and all participating event sponsors and the directors, officers, employees and agents of such parties from any and all damages to my child, including but not limited to, any resulting medical conditions, injury or death.

IN SIGNING THIS AGREEMENT, I ACKNOWLEDGE AND REPRESENT I HAVE READ AND UNDERSTAND THE TERMS IN IT, AND THEIR LEGAL SIGNIFICANCE. I FURTHER ACKNOWLEDGE AND REPRESENT I SIGN THIS AGREEMENT KNOWINGLY AND VOLUNTARILY.

_____ Date: _____
Parent/Guardian Signature



LEE PARK RECREATION CENTER

3000 Pamela Drive Irving, TX 75062 (972) 721-2508

2018 Fall Session

Session A
Aug. 27-Sept. 22

Session B
Sept. 24-Oct.20

Registration for Staff Classes begins:

Aug. 21

6 p.m.

Registration for Outside Instructor Classes:

Currently open

*Registration will remain open
until all spots are filled.*

Hours of Operation

Monday	9 a.m.-10 p.m.
Tuesday	9 a.m.-10 p.m.
Wednesday	9 a.m.-10 p.m.
Thursday	9 a.m.-10 p.m.
Friday	9 a.m.-10 p.m.
Saturday	9 a.m.-5 p.m.
Sunday	1-5 p.m.

Recreation Center Closures

Sept. 3
Nov. 22
Nov. 23

Upcoming Events

Date | Time

Preschool Mini Camp

Ages: 3-5

Mon, Wed, & Fri

Cost: \$30 per child, per session

10 a.m. to noon

After School Program

Grades: K-5

Monday-Friday

Cost: \$180 per child per six weeks

3:15 to 6 p.m.

Laughs by the Lake

There is no better way to end a week than with a laugh. Lake Carolyn, located in the Las Colinas Urban Center, provides a beautiful backdrop for an evening of comedy and live music. Laughs by the Lake is the largest outdoor comedy show in North Texas. The show offers adults free entertainment, scenic views and a variety of food and beverage options.

Admission is free

Friday, Aug. 31

7 to 9 p.m.

Irving Main Street Event

Sept. 21-22

This annual street festival in the heart of the Irving Heritage District celebrates the hometown feel of Irving with attractions for all ages. Each year thousands of people attend this family affair, which offers live music, the Manifolds on Main Street Car Show, free rides and activities for children, food and shopping. Admission is free on both days

Fall Carnival

Ages: 12-under

Children can enjoy a variety of carnival games, bingo, food and prizes.

Oct. 19

Tickets: 25 cents each or 5 for \$1

6:30 to 8:30 p.m.

HAVE YOU CONSIDERED
SPONSORING?
A COMMUNITY EVENT

Lee Park Recreation Center attracts hundreds of people daily from across the Dallas-Fort Worth Metroplex. Sponsoring a Lee Park event provides you the unique opportunity to connect with the Irving community, to build brand awareness and show your company's support of recreational programs! If you are interested in this unique opportunity please contact Della Jones at djones@cityofirving.org

Upcoming Camps

Date | Time

Thanksgiving Camp

Children in grades K-5, can enjoy a break full of games, crafts, music and more!

REGISTRATION BEGINS NOV. 1 AT 9 A.M.

Price: \$60 per camper.

Nov. 19-21

7 a.m. to 6 p.m.