

Gray Mentors – Mission

Academic Goal Setting
Post HS Opportunities
Career Building

Stage 1: Foundation – This stage may take 5 or 6 visits

Focus on, “Getting to Know You”

Mentoring Session Topics: What do we have in common?

- Favorite subject
- Favorite teacher
- Favorite school memory
- How did I choose my profession?
- What do you want to do when you grow up?
- How do you tie what you like to do to a career or profession?

Stage 2: Goals – This stage may take 2 or 3 visits

Focus on, “Setting Clear Goals”

Mentor and Mentee will discuss what they want to accomplish – Academic Motivation

- Making education a priority
- How to impress your teachers
- Becoming a leader on your campus
- Regular classes vs. Rigorous classes
- Jr. College vs. University

Stage 3: Implementation – This stage will take the remainder of the school year

Focus on, “Becoming and remaining the best student you can be”

- What motivates you now?**
- How do you improve your vocabulary?**
- Recreational reading**
- Servant Leadership**
- Current Events**

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Academic Goal Setting
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Stage 3: Focus on, “Implementation”

Objective: Accomplishing academic success – **Academic Challenges**

1st Meeting – Are you reaching your Academic Goals?

“Hello _____. I am so glad to see you today!”

“Now that you have set your Academic Goals and you have a plan on how to reach them or accomplish them, let’s talk about how it’s going.”

“Is it easy?”

“What are the biggest challenges?”

Mentor, please allow your Mentee to share what is going well and what is not going so well. Your Mentee may only have positive thoughts and statements about their Academic Success. If that is that case continue to encourage them to keep doing what is helping them.

If your Mentee is having challenges accomplishing their Academic Goals ask them why. What are they not doing?

Allow your Mentee to share with you what they think is going wrong.

Ask them what would help them get back on track. Give them some ideas about what might help, but allow them to solve this problem.

Share some of your childhood experiences that will help them understand what they must do to help them succeed.

Please continue to praise them and encourage them. Continue to tell them that you believe in them and that you know they can do it.

Remind them about their plan to reach their Academic Goals.

Also, remind them that they are creating habits that will help them be successful in the next grade level, high school, and college.

Remind them that they are” learning to love learning.”

At the end of your mentoring session remember to thank your Mentee and tell him/her that you look forward to seeing them next week.

Please remember to encourage them to do their best. Let know that you believe they will.

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Stage 3: Focus on, “Implementation”

Objective: Accomplishing academic success – **Learning to Love Learning**

2st Meeting – Are you reaching your Academic Goals?

“Hello _____. I am so glad to see you today!”

“Last time we met we talked about how you were doing meeting your Academic Goals.”

“Learning to Love Learning is a concept that can be easy or not so easy to grasp.”

“Why do you think we need to Learn to Love Learning?”

Mentor, please allow your Mentee to answer and to explore what this means. Then please use your wisdom and experience to add to your Mentee’s answers.

“If we Learn to Love Learning then school gets easier. School work gets easier, homework gets easier, Reading and Math get easier.”

“What do you think would make you Learn to Love Learning?”

Mentor, please allow your Mentee to think about this question. Explore their ideas with them. Ask them to remind you what their favorite subject is. Ask them think about what they enjoy about coming to school. How can they expand those thoughts to other areas of their education?

“When I was in school what made it easier for me was _____.”

Mentor, please give your Mentee some examples that helped you succeed in school.

*Examples: Getting to know your teachers
 Finding books in the library that interest you
 Helping other students in your class*

Mentor, please remember that this is a process. Learning to Love Learning may happen over night, but most of the time it takes a while. Be patient with your Mentee.

At the end of your mentoring session remember to thank your Mentee and tell him/her that you look forward to seeing them next week.

Please remember to praise them for their efforts, encourage them to do their best and tell them that you believe in them.

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Stage 3: Focus on, “Implementation”

Objective: Accomplishing academic success – **Good Habits**

3rd Meeting – Are you reaching your Academic Goals?

“Hello _____. It is great to see you today!”

“Let’s talk about Good Habits.”

“What do you think is a Good Habit?”

Mentor, please allow your Mentee to explore this question. Please respect their answers, but also add to their answers with your own wisdom and experience.

There is no need to remind them about Bad Habits. Just concentrate on the Good Habits.

Please remind them that Good Habits are part of Learning to Love Learning.

Good Habits will help them get their work done correctly.

“Do you think that your teacher wants you to have Good Habits?”

“What are some Good Habits you have here at school?”

“What can happen if you do not have any Good Habits at school?”

“Do you know the Pledge of Allegiance to the United States?”

“Why do you think you remember it every day?”

“Has it become a habit because you recite it every day?”

The same concept applies to creating Good Habits. If you keep doing something over and over it becomes a habit and it becomes easier to do. This is a good way to develop Good Habits.

“What are some habits that you have already formed?”

“When I was your age one of my Good Habits was _____.”

Mentor, please remember that your knowledge and wisdom make all of the difference, but also please remember to allow your Mentee think of their own Good Habits.

At the end of your mentoring session remember to thank your Mentee and tell him/her that you look forward to seeing them next week.

Please remember to praise them for their efforts, encourage them to do their best and tell them that you believe in them.

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Stage 3: Focus on, “Implementation”

Objective: Accomplishing academic success – **Knowledge is Power**

4th Meeting – Are you reaching your Academic Goals?

“Hello _____. It is great to see you today!”

“What do you think the phrase ‘Knowledge is Power’ means?”

Mentors, please allow your Mentee time to explore his/her answer to this question. Give them some hints if they do not know, but do not give them the entire answer. Please use your wisdom and experience to contribute to this conversation, but also allow your Mentee to realize the true answer. Your direction is key, but you empower them if allow them to discover the answers.

“Every day you learn something in school you are gaining knowledge. Your knowledge makes you better prepared for your school work, homework, quizzes, and tests, but is also makes you prepared for the world around you.”

“How do you think Math makes you better prepared for the world around you?”

“When would you use Math outside of school?”

“How do you think Reading makes you better prepared for the world around you?”

“When would you use Reading outside of school?”

“What else that you learn in school makes you better prepared for the world around you?”

Mentors, please allow our Mentee to explore their answers about this question.

“What about the rules in you have in school, how do they better prepare you for the world around you?”

“So do you think the more you know the wiser you will be?”

Mentor, all of your conversations with your Mentee are important, but this conversation could make a big difference in how your Mentee sees his/her education.

Please remember to allow them to do most of the talking.

At the end of your mentoring session remember to thank your Mentee and tell him/her that you look forward to seeing them next week.

Please remember to praise them for their efforts, encourage them to do their best and tell them that you believe in them.

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Stage 3: Focus on, “Implementation”

Objective: Accomplishing academic success – **Making Choices**

5th Meeting – Are you reaching your Academic Goals?

“Hello _____. I am so glad to see you today!”

“Let’s talk about your Academic Goals today.”

“How are you doing meeting your goals?”

Mentor, please allow your Mentee to share and encourage them to be honest with you. Remind them that you are not there to judge them, but you are there to help them. Please remember to praise them and to encourage them to do their best. Tell them you believe in them.

“What kinds of choices are you making that are helping you accomplish your Academic Goals and what kinds of choices are you making that are keeping you from accomplishing your Goals?”

“The choices we make either help us or can hurt us.”

“Tell me about the good choices you have made to help you meet your goals.”

“Why did you make those good choices?”

“Let me tell you about some good choices I made today. _____.”

Mentor, please share some good choices that are age appropriate, something that your Mentee will understand.

“The more often we make good choices the more often it will be easier to make good choices. It is just like the good habits we talked about last time.”

“What good choices are you going to make to help you accomplish your Academic Goals between now and the next time I see you?”

At the end of your mentoring session remember to thank your Mentee and tell him/her that you look forward to seeing them next week.

Please remember to praise them for their efforts, encourage them to do their best and tell them that you believe in them.

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Stage 3: Focus on, “Implementation”

Objective: Accomplishing academic success – **Great Expectations**

6th Meeting – Are you reaching your Academic Goals?

“Hello _____ . I am so glad to see you today!”

“Last time we met we talked about Making Good Choices. Do you remember some of the statements you made about Making Good Choices?”

“Today let’s talk about Great Expectations. What do you think that means, Great Expectations?”

Mentor, please allow your Mentee to explore their answer. Use your wisdom and knowledge to add to their answer, but also help them come up with their own answer.

“Great Expectations can be what we expect of ourselves.” If you follow your plan to meet or achieve your Academic Goals, do you expect to get there?”

“Tell me some of other Great Expectations you have for yourself.”

“What do you think it will take for you to meet or achieve those Goals?”

“Have you already achieved some of your Goals?” “Tell me how you did it.”

“Have you already developed some Good Habits?” “What are they?”

“Do you feel like you are becoming a better student?”

“What do you expect will happen at the end of the semester?” Will you have better grades?”

“If you do have better grades, do you think you are learning?”

“When do you think you will develop a Love for Learning?”

Mentor, you are beginning to bring all of your conversations together. Learning to Love Learning, Good Habits, Knowledge is Power, and now Great Expectations.

You are helping your Mentee meet and achieve their Academic Goals.

If something is not working or if they are not making progress please revisit some of your Objectives.

At the end of your mentoring session remember to thank your Mentee and tell him/her that you look forward to seeing them next week.

Please remember to praise them for their efforts, encourage them to do their best and tell them that you believe in them.